



Get Set 4  
Education

# My Active Calendar



It is always important to keep fit and healthy (and have fun doing it!)

Here is your very own Get Set 4 PE Active Calendar. Your challenge is to complete an active game every weekday throughout January.

Follow these steps to help you:

- Go to [www.getset4education.co.uk](http://www.getset4education.co.uk) and click on the Home Learning tab to see the Active Families Games.
- Pick an active game and play it.
- Write the name of the game you played onto your active calendar and enter a symbol to show how it made you feel. Remember, some days you may not enjoy a game but then love it on another day. Give games a go more than once.

[www.getset4education.co.uk](http://www.getset4education.co.uk)



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## January 2024

Name: \_\_\_\_\_

MON

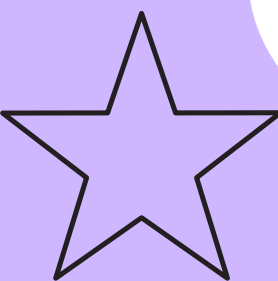
TUE

WED

THU

FRI

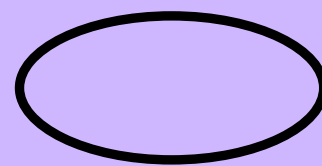
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		



I loved this  
game today.



I found this game  
'ok' today.



This isn't the  
game for me  
today.



Yay, you  
did it!