



Get Set 4
Education

My Active Calendar



It is always important to keep fit and healthy (and have fun doing it!)

Here is your very own Get Set 4 PE Active Calendar. Your challenge is to complete an active game every weekday throughout July. Follow these steps to help you:

- Go to www.getset4education.co.uk and click on the Active Families tab at the top of the page.
- Pick an active game and play it (if you love a game you can play it again another day).
- Write the name of the game you played onto your active calendar and enter an emotion face to show how it made you feel.

www.getset4education.co.uk



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July 2023

Name: _____

MON

TUE

WED

THU

FRI

3

4

5

6

7

10

11

12

13

14

17

18

19

20

21

24

25

26

27

28

31

I feel
awesome.

It was ok.

This isn't
the game
for me.

Yay, you
did it!