

## My Active Calendar



It is always important to keep fit and healthy (and have fun doing it!)

Here is your very own Get Set 4 PE Active Calendar. Your challenge is to complete an active game for every weekday throughout June. Follow these steps to help you:

- Go to www.getset4pe.co.uk and click on the Active Families tab at the top of the page.
- Pick an active game and play it (if you love a game you can play it again another day).
- Write the name of the game you played onto your active calendar and enter an emotion face to show how it made you feel.

www.getset4education.co.uk



## My Active Calendar

June 2023

MON TUE WED

Name:

THU FRI

