

Tel: 0208 937 5980

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MORNING



Registration link:

www.brent.gov.uk/familywellbeingcentres



AFTERNOON



Preston Park family wellbeing centre will be closed from 29th December 2025- 2nd January 2026

Be One Hope Holiday Activities Funded Programme

10-2 pm
22nd Dec
Booking required

Family Christmas celebration

Come and join the festive celebration
5 years and above
3.30-6.30pm
22nd Dec
Booking online

Bump to Babies 0 - 12 months

9.45-11am
5th Jan 2026
Focus on babies' development/social and emotional needs
Booking online

New year's Art & Craft

Create & decorate new year's crafts.
0-8years
1-2.30pm
5th Jan 2026
Booking online

Be One Hope Holiday Activities Funded Programme

10-2 pm
23rd Dec
Booking required



Christmas Art & Craft activities

Let's make Christmas party hat, mistletoe, snowman and Christmas cards.
0-8years
10am-11.30am
24th Dec
Booking online

Movie Afternoon with popcorn Festive theme

5- 12 years
1-2.30pm
24th Dec
Booking online



25th December Christmas day Bank holiday

Preston Park will be closed from
29th December 2025-2nd January 2026

26th December Boxing Day Bank holiday



FWC WEEKEND OFFER Saturday Sessions at Brent's Family Wellbeing Centres Useful Links

The Local Offer for Children with Special Educational Needs and Disabilities (SEND) aged 0-25 and their families

<https://www.brent.gov.uk/children-young-people-and-families/send-local-offer>

Brent Youth Zone information:

Brent Youth Zone has links to information, advice and activities for young people.

<https://www.brentyouthzone.org.uk/>

CFIS Services:
The Children and Family Information Service (CFIS) provides information and advice on a variety of services for children and young people (0 to 25 years old) and parents, including childcare and early education.

<https://www.brent.gov.uk/children-young-people-and-families>

Contact CFIS Team:
Monday to Friday between 9am and 5pm

Phone: 0208 937 3010
Email: cfis@brent.gov.uk