



Newfield Primary School

Physical Education Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Indoor: Introduction to PE Unit 1 and Unit 2	Indoor: Fundamentals Unit 1 and Unit 2	Indoor: Gymnastics Unit 1 and Unit 2	Indoor: Ball skills Unit 1 and Unit 2	Indoor: Dance Unit 1 and Unit 2	Indoor: Games Unit 1 and Unit 2
Year 1	Indoor: Fundamentals Outdoor: Ball skills	Indoor: Gymnastics Outdoor: Sending and receiving	Indoor: Gymnastics Outdoor: Target games	Indoor: Dance Outdoor: Invasion games	Indoor: Dance Outdoor: Striking and Fielding	Indoor: Team Building Outdoor: Net and Wall Games
Year 2	Indoor: Fundamentals Outdoor: Ball skills	Indoor: Gymnastics Outdoor: Sending and receiving	Indoor: Gymnastics Outdoor: Target games	Indoor: Dance Outdoor: Invasion games	Indoor: Dance Outdoor: Athletics	Indoor: Team building Outdoor: Striking and fielding
Year 3	Indoor: Fundamentals Outdoor: Ball skills	Indoor: Gymnastics Outdoor: Basketball	Indoor: Gymnastics Outdoor: Football	Indoor: Dance Outdoor: Tag Rugby	Indoor: Dance Outdoor: Athletics	Outdoor: Tennis (basketball coach) Outdoor: OAA
Year 4	Indoor: Fitness Outdoor: Tag Rugby	Indoor: Yoga Outdoor: Fundamentals	Indoor: Gymnastics Outdoor: Basketball	Indoor: Gymnastics Outdoor: Football	Indoor: Dance Outdoor: Athletics	Indoor: Dance Outdoor: Tennis
Year 5	Indoor: Swimming Outdoor: Netball	Indoor: Swimming Outdoor: Handball	Indoor: Dance Outdoor: Swimming	Indoor: Dance Outdoor: Swimming	Indoor: Swimming Outdoor: Athletics	Indoor: Swimming Outdoor: Badminton
Year 6	Indoor: Fitness Outdoor: Netball	Indoor: Gymnastics Outdoor: Hockey	Indoor: Gymnastics Outdoor: Volleyball	Indoor: Dance Outdoor: Cricket	Indoor: Dance Outdoor: Athletics	Indoor: OAA Outdoor: Rounders